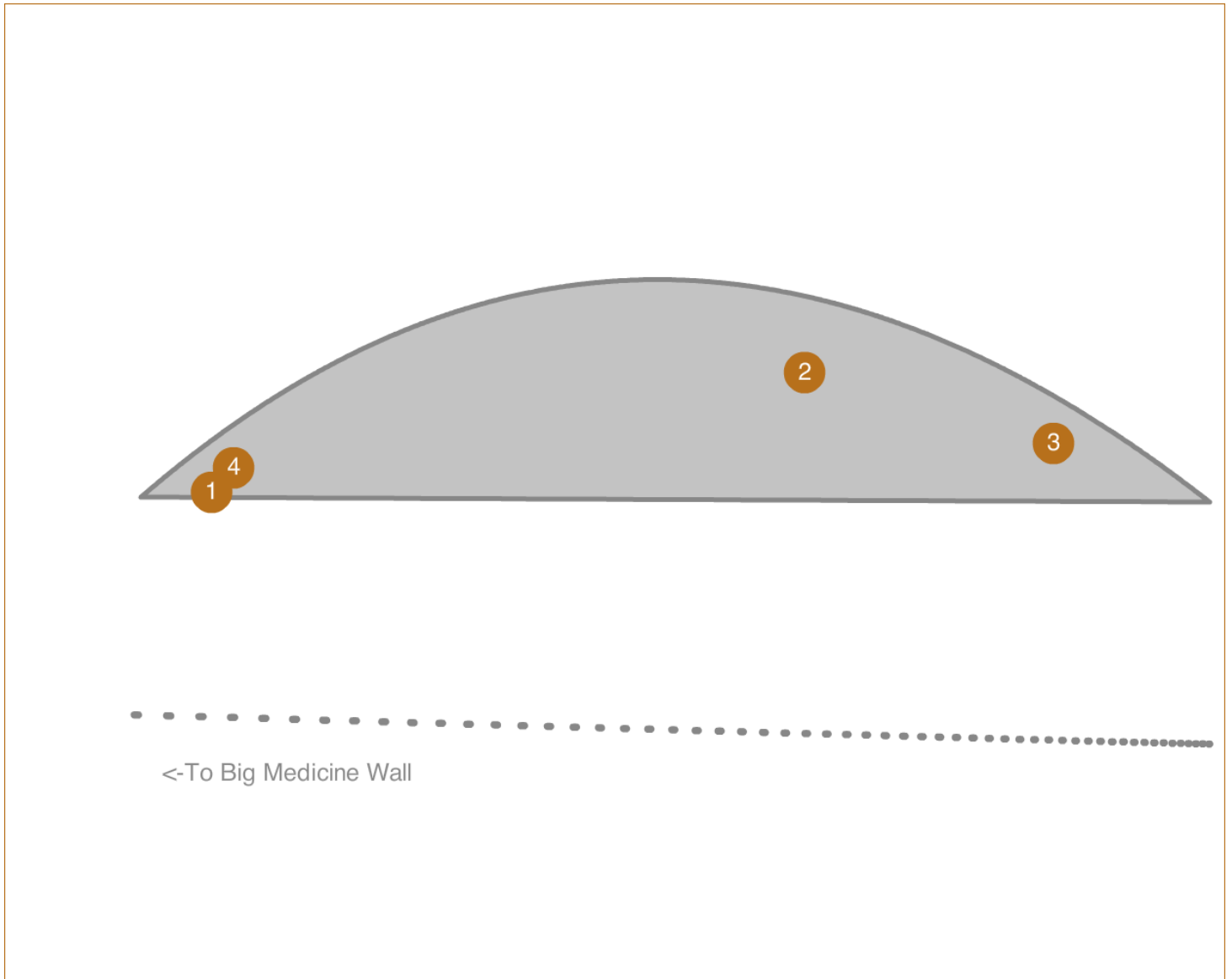


Spirit Cave

Spirit Cave's Approach

Cross the second bridge and hang a left. Giant cave will appear on the right.

Spirit Cave's Topo



Spirit Cave's Problems

1. 15 Step

V4

First known ascent in 2011. Eliminate. On far left side of the cave, start low on a crimp and a pinch. Move parallel to the lip without using it until after a throw to the flat, vertical cleave, then go to the lip and continue up to top-out in runnel. If you go out to the lip before the throw to the cleave, its the 'Direct.'

Beta

Eliminate. On far left side of the cave, start low on a crimp and a pinch. Move parallel to the lip without using it until after a throw to the flat, vertical cleave, then go to the lip and continue up to top-out in runnel. If you go out to the lip before the throw to the cleave, its the 'Direct.'

2. Myxamatois

V7

First Ascent in 2012. Start on good jug deep under the roof and work towards the big, whiteish jug. Setup and move towards undercling, then ride the seam of the flake for the lip. Move up and over on the only crimp on the face. Gain the rail and sail out via the second half of "The Bends". Lots of beta, lots of climbing.

Beta

Start on good jug deep under the roof and work towards the big, whiteish jug. Setup and move towards undercling, then ride the seam of the flake for the lip. Move up and over on the only crimp on the face. Gain the rail and sail out via the second half of "The Bends". Lots of beta, lots of climbing.

Angle



3. The Bends

V2

First ascent 2011?

Beta

Start on flat shelf and go to lip. If you're not on a good hold, you're doing it wrong. Classic.

4. 15 Step Direct

V2

Beta

Same start as 15 Step, go to sloper lip immediately, then continue up to runnel.